



*Helping to Prevent a Sedentary Generation of Children and Youth
Congressional Briefing*

June 13, 2007

2325 Rayburn House Office Building

2:00 p.m.

Light Refreshments and Smoothies will be offered

Experts say that kids need at least 60 minutes of physical activity every day to feel good about themselves, have fun together, maintain a healthy weight and adopt lifelong habits for healthy living. Find out how Congress can help increase the number of youth participating in at least 60 minutes of quality physical activity every day and learn about how communities are working to promote play every day.

Speakers:

The Honorable Mark Udall (D-CO) (invited)

The Honorable Kay Granger (R-TX) (invited)

Representatives from Communities Promoting PLAY Every Day

Kathy Spangler

Director, National Partnerships

National Recreation and Park Association

Audrey Tayse Haynes

National Director

YMCA of the USA

Charlene Burgeson

Executive Director

National Association for Sport and Physical Education

Kathy Cloninger

Chief Executive Officer

Girl Scouts of the USA

Katherine Meariman

Executive Vice President of Administration

Smoothie King Franchises, Inc

Please RSVP to: Kyra Johnson – kjohnson@nrpa.org

For additional information: Monica Hobbs Vinluan, mvinluan@nrpa.org

This briefing meets the requirements of a “widely attended event”

www.playeveryday.org